

Do's & Dont's

- Do store in a cool dry place, keep away from heat and direct sunlight. Exposing to more than 15°C temperatures may render this product ineffective.
- Do keep away from children.
- Do try to minimise consumption of tobacco, coffee, cola, red wine, curries, staining green vegetables like broccoli and any other staining food or drink for a minimum period of 24 hours following the treatment.
- Do continue good oral hygiene – flossing, brushing and mouth rinsing with any good mouth rinse. Get regular dental care.
- Do avoid citrus, excessively hot or cold foods and beverages if they cause tooth sensitivity during treatment.
- Do not wear the trays longer than advised as this can cause sensitivity.
- Do not use while pregnant or lactating.
- Do not use under the age of 18 unless prescribed by dentist.
- Do not use if you have dental decay, abscess or gum disease.

Please Note

- If gel comes into contact with eyes or hands, wash immediately with plenty of water.
- The material containing peroxide will not effect any white fillings, crowns or veneers. They may only look cleaner.
- You may see the gel bubbling within the tray(s) while wearing them. This is normal, it is part of the process.
- The tooth area closest to the gum may take longer to whiten than the area close to the biting edge. It will also remain the darkest area of your tooth.
- White specks (blemishes) may appear on the gum line, others do not. Do not be alarmed, as this will go away within a day or two once you finish the treatment.
- Once treatment is complete, teeth may lighten further for up to seven days.
- Some people are more responsive to the treatment than others. You may wish to extend the treatment by a few days to enhance results.
- Minor tooth sensitivity may be experienced for 1-3 days after the procedure. In this case you may wish to take painkillers to alleviate any temporary dental sensitivity. If you experience any severe or prolonged sensitivity, you should contact your dentist.
- Your results may vary due to the nature of the teeth discolouration.
- An additional 1-2 weeks may be necessary to help you achieve the results you desire.
- In time teeth will gradually return to a darker shade as they accumulate new stains. Keep your smile fresh and bright by periodically refreshing your smile with QuickWhite In-Surgery and/or QuickWhite Carbamide.

